ZigZag Socks



Materials:

2 x skeins Lorna's Laces Shepherd Sock (or other 4 ply (fingering weight) sock yarn

2.25mm set of 5 Double Pointed needles 144 size 8/0 (3mm) seed beads

Gauge

8sts = 1 inch

Size

Women's Medium/Large

Preparation:

If you are doing the socks complete with beads, thread 72 beads onto yarn for sock one. There is a tutorial for knitting with beads at my blog. http://www.randomknits.net/archives/cat_bead_knitting_tutorial.html If you do not wish to add beads to the socks, knit each "B" in the chart as a plain knit stitch.

Do not include the beads on the foot portion of the sock.

Ribbing and Leg:

Cast on 66 stitches. Join in a ring being careful not to twist. Mark join as the beginning of the round

Divide stitches over 4 needles.

Work in K1, P1 ribbing for approximately 1 inch.

Beginning with Needle 1 begin pattern following chart, reading from right to left.





Work chart 2 times, then work rows 1 - 23.



Begin Heel:

NOTE: Heel is worked in rows on 33 stitches.

Heel Pattern: Row 1 Slip 1, k32 Row 2 Slip 1, K2, purl to last 3 stitches, K3 Row 3 Slip 1, knit across

Repeat rows 2 & 3 until you have 34 heel flap rows. Heel flap shape should be close to square. End with a purl row.

Turn Heel as follows:

Row 1: SI 1, K17 sts, K2 tog, K1 turn Row 2: SI 1, P5 sts, P2 tog, P1, turn Row 3: SI 1, K6, K2 tog, K1, turn Row 4: SI 1, P7, P2 tog, P1, turn

Repeat rows 3 and 4, increasing 1 additional K or P stitch after the SI 1 until all side stitches are consumed. End with a purl row. (19 heel flap sts)

Gusset:

Knit to the centre of the heel. Using a spare needle, knit across the remaining heel stitches. Pick up and knit 17 stitches from the side of the heel flap and knit one stitch in the gusset corner (Needle 1). Knit in pattern across needles 2 and 3. With needle 4 pick up and knit one stitch in the gusset corner and then pick up and knit 17 stitches from the side of the heel flap. Knit the remaining heel stitches.

Stitch count is (28, 16, 17, 27) respectively.

Gusset Decrease and Sock Foot:

Rnd 1: Needle 1: Knit until the last 3 stitches, k2 tog, k1. Needle 2 and 3: Work in pattern around. Needle 4: K1, SSK, knit around.

Rnd 2: Work in pattern around.

Repeat these 2 rounds until total stitches equal 66. Transfer stitches as necessary. (16, 17, 16, 17).

Sock Foot:

Continue knitting in stockinette on needles 1 and 4 and in pattern on needle 2 and 3 until you are approximately 1 1/2 to 2 inches from the top of your longest toe. Knit 4 rounds even.

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Shape Toe:

Rnd 1: Needle 1: Knit until the last 3 sts, K2 tog, K1 Needle 2: K1, SSK, knit around. Needle 3: Knit until the last 3 stitches, K2 tog, K1 Needle 4: K1, SSK, knit around. Rnd 2: Knit around

Continue in this manner until you have approximately 42 stitches remaining, then repeat round 1 only until 26 stitches remain. Graft toe closed.